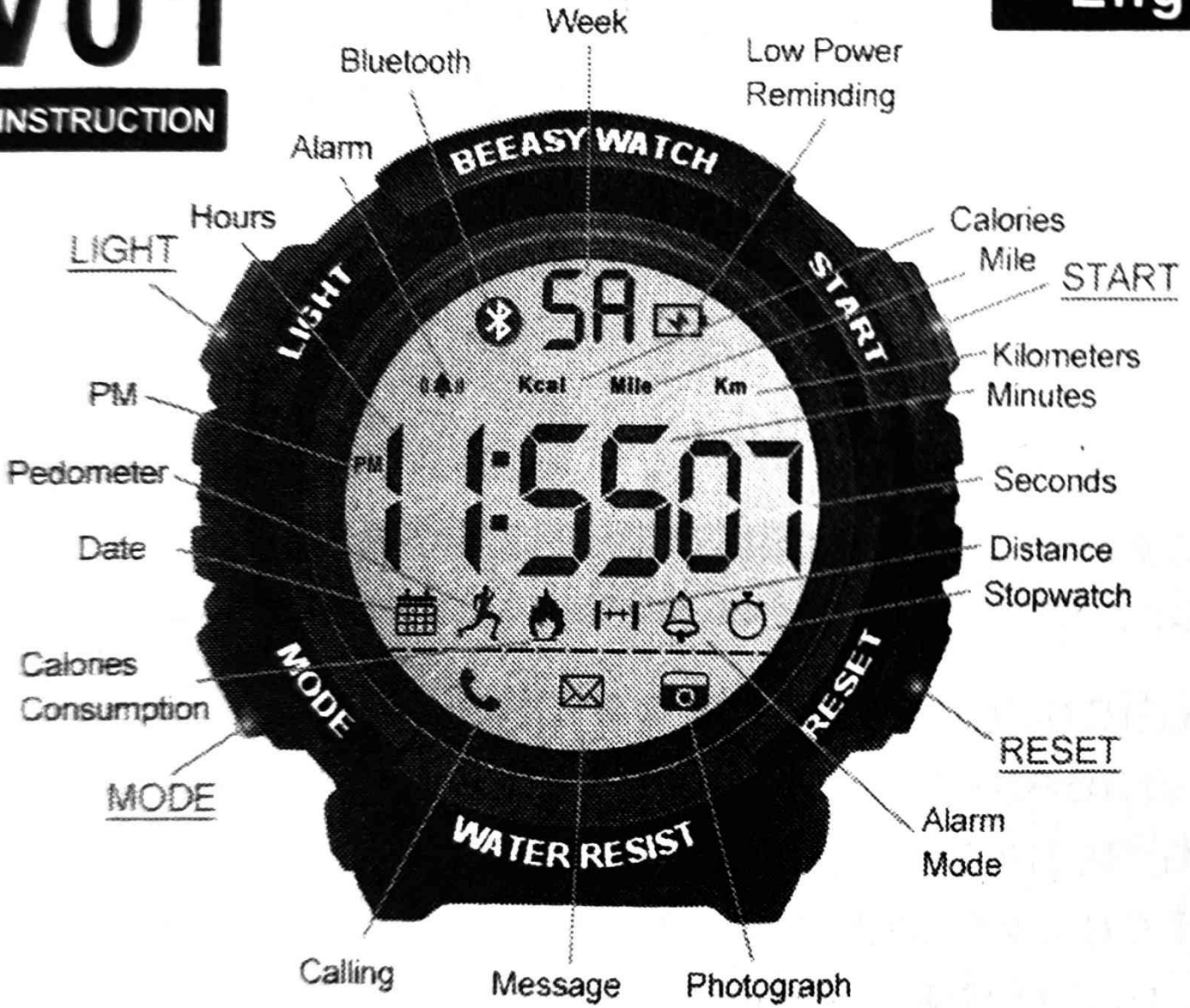
AW01

OPERATION INSTRUCTION

English



Support Email : watchsupport@163.com

Key Functions

LIGHT: EL BackLight, Bluetooth Switch
START: Up, Begin timing, Pause, Switch, Photograph
MODE: Mode Switch, Confirming and Save
RESET: Selection, Setting, Reset

Special Remarks

1. When the watch is connected to the APP, it will automatically synchronize time/date/year from your phone.
2. Bluetooth is automatically turned off from 12:00 AM to 7:00 AM.
3. Bluetooth is automatically turned off when Bluetooth has disconnected from the APP for 20 minutes.
4. Due to the limited range of Bluetooth, if mobile phones

and watches exceed 10 meters, Bluetooth will automatically disconnect.

5. The motion data of the APP homepage cannot be refreshed automatically, please manually pull down to refresh the data.

6. After the watch is turned off, the data of the watch will be lost. It is not recommended to turn off the watch.

7. Motion data storage: The watch can store 15 days of data, the APP storage space depends on the phone storage space.

8. Battery Low Indication: Battery icon flashes when battery power is low than 2.4 V.

9. APP Supports 11 languages: English,Spanish,French, German,Italian,Russian,Portuguese,Arabic,Chinese, Korean,Japanese.

Features

1.12/24 H format selectable, Auto Calendar.
2.Pedometer, Calorie and distance calculate.
3.Stopwatch: 1/100 second digital stopwatch, Maximum support 23 hours, 59 minutes and 59 seconds.
4.Alarm Mode: When the alarm sounds, it will emit a 6-second beeps.
5.Notification Reminder: call, message, Facebook, Twitter, Whatsapp and Skype, and WeChat etc.
6.5ATM Waterproof: Support swimming and cold shower (forbid hot water,steam/avoid diving).
7.Remote Control Camera: support remote control phone's camera to take pictures.
8.EL backlight.

How to turn on

Long press "MODE" and "START" buttons together for 3 seconds to turn on the watch.

Note: There is already a battery in the watch, please turn on the watch directly.

Bluetooth ON/OFF Mode

Long press "LIGHT" button for 3 seconds to turn on/off the Bluetooth.

Note:

1.When Bluetooth is turned on, the Bluetooth icon displayed.

2.When the Bluetooth function is not needed, long press "LIGHT" button button for 3s to turn off.

Important:

1. If you don't want to adjust the time and date manually , please go to the "Sports+" App section and download the APP to connect to your phone. The time and date will be synchronized automatically.
2. When the watch is connected to the APP, it will automatically synchronize Year/Date/Time from your phone, cannot be adjusted manually.

Function Switch Mode

Press "MODE" button to switch mode.

Normal time display mode ➔ Date Mode ➔ Steps Mode ➔ Calories Mode ➔ Distance Mode ➔ Alarm Mode ➔ Stopwatch Mode ➔ Normal time display mode.

Time and 12/24 H Setting

1. In normal mode, long press “RESET” button 3s into Time mode, “Hours” will flash, press “START”button to adjust “Hours”.
2. Press “RESET” button the “Minute” will flash, press “START” button to adjust “Minute”.
3. Press “RESET” button the “Second” will flash, press “START” button to adjust “Second”.
4. Press “RESET” button the “12/24 H” will flash, press “START” button to adjust “12/24 H”.
5. Press "MODE" button to save&exit.

Note:

1. When the watch is connected to the APP, it will automatically synchronize time/date/year from your phone.
2. In any setting process, watch will return to time display when there is no operation more than 10 seconds,

and the setting will not save.

3.Press “MODE” button to save setting and return to time display when Bluetooth is off.

Date&Year Setting

1.In normal mode, press "MODE" button one time into Date mode.

2.Long press "RESET" button 3s into setting date mode, “Year” will flash, press "START"button to adjust“Year”.

3.Press "RESET" button the “Month” will flash, press "START" button to adjust “Month”.

4.Press "RESET" button the “Date” will flash, press "START" button to adjust “Date”.

5.Press "MODE" button to save&exit.

Note:

1.Considering the design of the watch, we put the date on the second interface.If you need to check the date,

please back to normal mode and press the "MODE" button, you will see the date.

2. This watch have auto calendar function, set the right year, month, day, the week will auto show up.

3. Year calendar from 2000 to 2099.

Step/Single Step Mode

Step Mode: In normal mode, press "MODE" button twice into Step Mode.

Single Step Mode: In normal mode, press "MODE" button twice➔Press "RESET" button into single step mode, "step" icon will flash(Press "RESET" button can return to step mode).

Calories Mode

In normal mode, press "MODE" button three times into calories Mode.

Distance Mode

In normal mode, press "MODE" button four times into distance Mode.

Alarm Setting

1. In normal mode, Press "MODE" button five times into Alarm mode.
2. Long Press "RESET" button 3s into Alarm setting mode, "Alarm" icon will flash.
3. Press "RESET" button, "Hours" will flash, press "START" button to adjust "hours".
4. Press "RESET" button, "Minute" will flash, press "START" button to adjust "Minute".
5. Press "MODE" button to save&exit.

Notes:

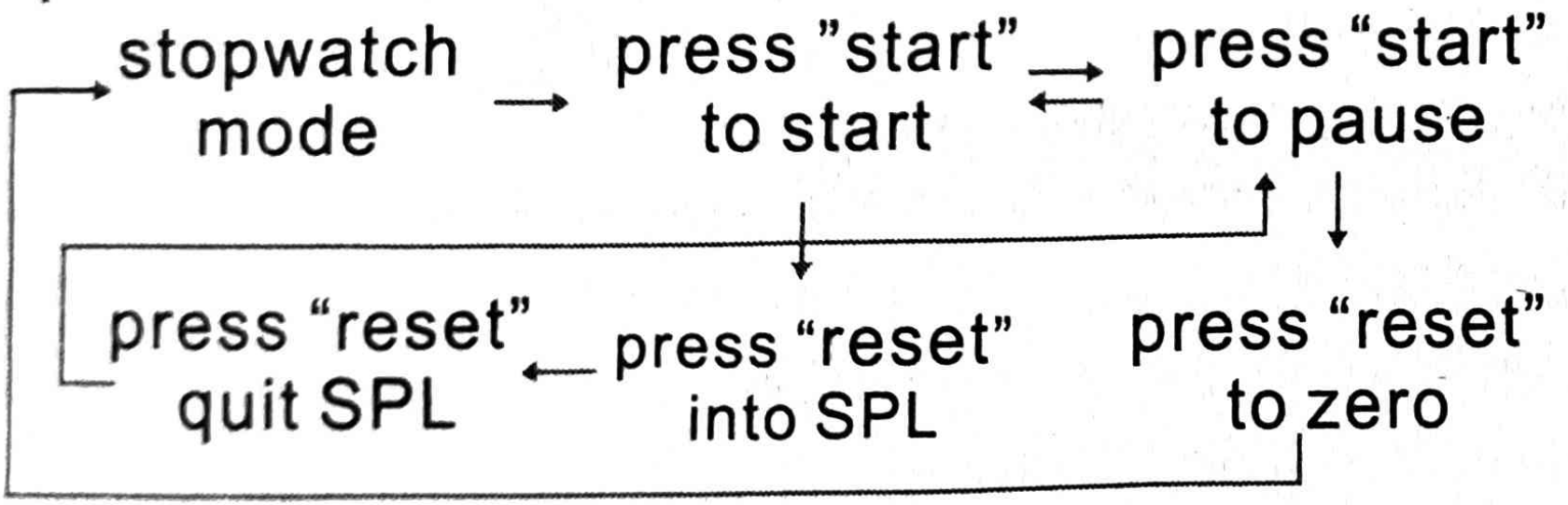
1. Please pay attention to the alarm clock that comes

with the mobile phone system, the watch cannot reminder. Only supports the alarm clock of the watch and the alarm clock in the APP.

2. The alarm clock only supports beeps and does not support vibration.

Stopwatch Setting Mode

In normal mode, press "MODE" button six times into stopwatch mode.



Note:

1. 1/100 second digital stopwatch, Maximum support 23

hours, 59 minutes and 59 seconds.

2. To save power, the stopwatch will automatically back to the normal mode every five minutes, but the stopwatch is still running normally in the background and needs to be manually to back.

EL Backlight

In Any mode, press "LIGHT" button to turn on backlight 2s.

"Sports+" App

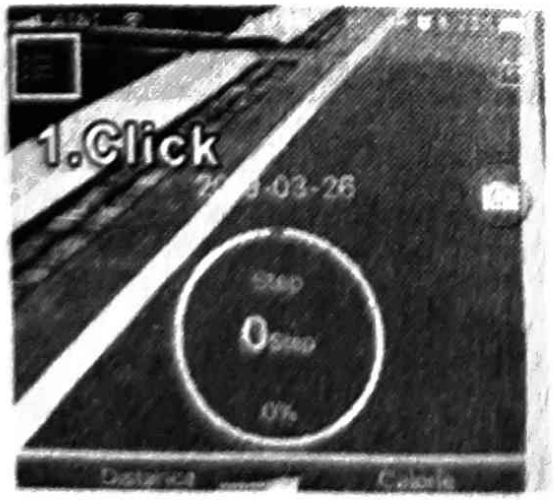
QR code for Android

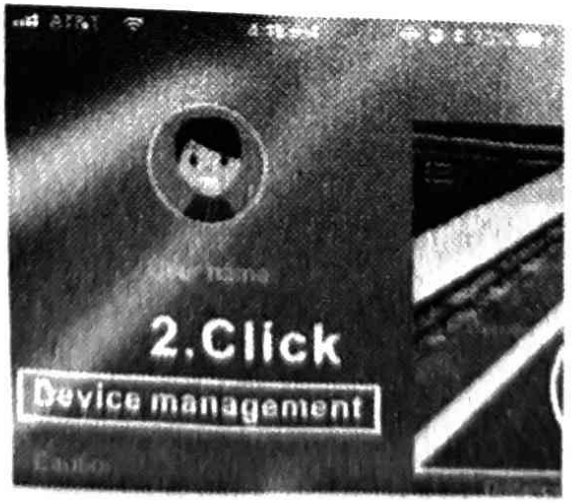
QR code for iOS

Important: The Android system must be Android v4.4 or later; The IOS system must be iOSv8.0 or later; Bluetooth v4 or later. Otherwise the APP may not work normally.

How to Connect Bluetooth?

1. Press"LIGHT" button for 3 seconds until show Bluetooth icon in your watches.
2. Download the "Sports+ " app.
3. Open the "Sports+ " app and setting your information.
4. Click"Device management"then click“Bind new device.”





5.Bluetooth connected.

QA: Bluetooth connection failed?

Step 1: Back to APP and remove binding.

Step 2: Find the device in the Bluetooth list of the phone and delete the device.

Step 3: Reconnect Bluetooth again, it will works.

QA: Does the watch have to be connected to Bluetooth to work?

No, Even if Bluetooth is not connected, all functions the watch (except for notification reminders) can wo normally. After connecting to Bluetooth, the watch wi automatically synchronize the time of the phone. No need to manually set the date and time, which is mor convenient.

Reminder and alarm setting on APP

Note:

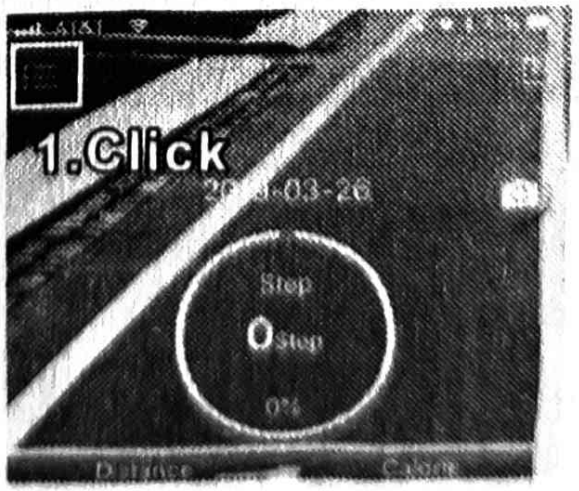
1.This watch does not support receiving c
sending text messages, only the remind

2.The notification only supports "beeps" a
support vibration.

QA: Message notification does not work

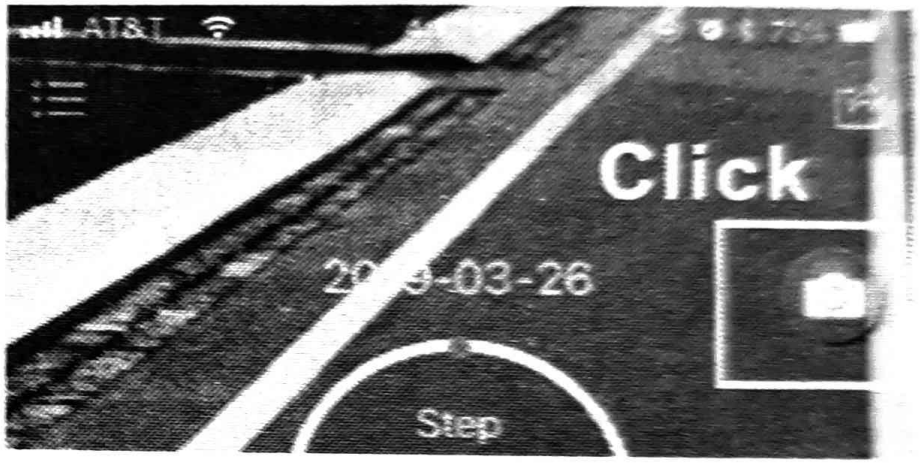
Step 1: Check whether the message notifi
turned on in the app.

Step 2: Check the phone settings, find the
center.Then open facebook/twitter a
allow notification button. Notificatio



Remote Control Camera

After connect Bluetooth, open the camera icon in the APP and press the "START" button of the watch to take a photo.



Motion data synchronization

The motion data on the watch will be updated in real time, the APP homepage's motion data will not be synchronized in real time. Please manually pull down to refresh, the data will update in a second.

NOTE

US&UK Long press “MODE” and “START” buttons together for 3 seconds to turn on the watch.

DE Drücken Sie 3 Sekunden lang die Tasten "MODE"und "START", um die Uhr einzuschalten.

FR Appuyez long sur les boutons « MODE » et « START » pendant 3 secondes pour allumer la montre.

ES Presione los botones "MODE" y "START" a la vez durante 3 segundos para encender el reloj.

IT Premere a lungo i pulsanti "MODE" e "START" insieme per 3 secondi per accendere l'orologio.